







LEECHBURG PRE K MENU

BREAKFAST AVAILABLE DAILY

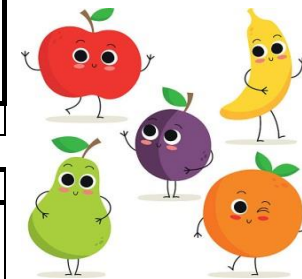
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheerios Cereal	Apple Muffin	Cinnamon Toast Crunch Cereal	Cinnamon Bears	Kix Cereal
Apple Juice	Apple Juice	Apple Juice	Apple Juice	Apple Juice
White Milk	White Milk	White Milk	White Milk	White Milk
*****	*****	*****	*****	*****

~MENU SUBJECT TO CHANGE DUE TO FOOD AVAILABILITY~

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12/31/2018	1/1/2019	1/2/2019	1/3/2019	1/4/2019
		Crispy Chicken Nuggets with Dinner Roll <u>Vegetables and Fruit</u> # Oven Baked French Fries Assorted Fruit	Hot-Dog on a Bun with Fixens'  <u>Vegetables and Fruit</u> # Oven Baked Beans Assorted Fruit	Big Daddy Cheese Pizza Wedge <u>Vegetables and Fruit</u> # Seasoned Green Beans Assorted Fruit
1/7/2019	1/8/2019	1/9/2019	1/10/2019	1/11/2019
Creamy Macaroni and Cheese with Soft Pretzel Rod <u>Vegetables and Fruit</u> # Seasoned Broccoli Assorted Fruit	ULTIMATE NACHOS: Enriched Tostito Chips, Meat & Cheese <u>Vegetables and Fruit</u> # Seasoned Carrot Coins Assorted Fruit	Tender Popcorn Chicken with Dinner Roll <u>Vegetables and Fruit</u> # Whipped Potatoes w/Gravy Assorted Fruit	Penne Pasta with Meatsauce and Garlic Bread Stick <u>Vegetables and Fruit</u> # Seasoned Mixed Vegetables Assorted Fruit	Cheesy Personal Pan Pizza  <u>Vegetables and Fruit</u> # Seasoned Peas & Carrots Assorted Fruit Jello
1/14/2019	1/15/2019	1/16/2019	1/17/2019	1/18/2019
Pillsbury Mini Pancakes with Sausage Patty and Syrup <u>Vegetables and Fruit</u> # Crispy Tater Tots Assorted Fruit	Oriental Chicken with Fried Rice  <u>Vegetables and Fruit</u> # Seasoned Broccoli Assorted Fruit	Sloppy Scoops: Enriched Tostito Scoops W/Meat and Cheese <u>Vegetables and Fruit</u> # Seasoned Corn Assorted Fruit	Warm Ham and Cheese Sandwich on a Pretzel Bun <u>Vegetables and Fruit</u> # Crispy Baked Seasoned Fries Assorted Fruit	Mini Cheese Pizza Rounds <u>Vegetables and Fruit</u> # Seasoned Carrot Coins Assorted Fruit
1/21/2019	1/22/2019	1/23/2019	1/24/2019	1/25/2019
Act 80 Day No School for Students 	Penne Pasta with Meatsauce and Garlic Bread Stick # Seasoned Green Beans Assorted Fruit	Crispy Chicken Fries With Belly Bears Graham Crackers <u>Vegetables and Fruit</u> # Oven Baked Potato Smiles Assorted Fruit	Mini Corn Dog Nuggets with Cheese Sauce  <u>Vegetables and Fruit</u> # Hash Brown Patty Assorted Fruit	Big Daddy Cheese Pizza Wedge <u>Vegetables and Fruit</u> # Seasoned Baby Peas Assorted Fruit Jello
1/28/2019	1/29/2019	1/30/2019	1/31/2019	2/1/2019
Tyson Chicken Tenders with Blueberry Muffin Top <u>Vegetables and Fruit</u> # Seasoned Mixed Vegetables Assorted Fruit	French Toast Sticks with Sausage Patty and Syrup <u>Vegetables and Fruit</u> # Crispy Tater Tots Assorted Fruit	"Walking Taco" w/Beef, Cheese Lettuce & Tomato <u>Vegetables and Fruit</u> # Seasoned Green Beans Assorted Fruit	Tender Popcorn Chicken with Dinner Roll <u>Vegetables and Fruit</u> # Whipped Potatoes w/Gravy Assorted Fruit	Pizza Crunchers with Marinara Sauce <u>Vegetables and Fruit</u> # Seasoned Broccoli Assorted Fruit

January 2018



Daily Alternates

- #2 Cheeseburger/Bun
- #3 YO to GO Basket
- #4 PB&J Basket

Denotes Hot Vegetables

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Food Service Department
724-842-0501 x129



Kid's Healthy Eating Plate



Start the year off with balanced meals for a healthy lifestyle. Visit ChooseMyPlate.gov to learn more about USDA nutrition guidelines.