



# LEECHBURG ELEMENTARY SCHOOL DISTRICT MENU

February 2019

## BREAKFAST AND LUNCH

\*MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOOD

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/28/2019 Monster Muffin *****  Tyson Chicken Tenders with Blueberry Muffin Top <u>Vegetables and Fruit</u> Crunchy Baby Carrots Tossed Salad: Garden # Seasoned Mixed Vegetables Assorted Fruit Variety	1/29/2019 Egg and Cheese Sandwich ***** French Toast Sticks with Sausage Patty and Syrup <u>Vegetables and Fruit</u> Crunchy Baby Carrots Tossed Salad: Garden # Crispy Tater Tots Assorted Fruit Variety	1/30/2019 WG Glazed Donut Day ***** "Walking Taco" w/Beef, Cheese Shredded Lettuce <u>Vegetables and Fruit</u> Crunchy Baby Carrots Tossed Salad: Garden Texas Caviar # Seasoned Green Beans Assorted Fruit Variety	1/31/2019 Cinnamon Bun ***** Tender Popcorn Chicken with Dinner Roll <u>Vegetables and Fruit</u> Crunchy Baby Carrots Tossed Salad: Garden # Whipped Potatoes w/Gravy Assorted Fruit Variety	2/1/2019 Strawberry Turnover *****  Pizza Crunchers with Marinara Sauce <u>Vegetables and Fruit</u> Crunchy Baby Carrots Tossed Salad: Garden # Seasoned Broccoli Assorted Fruit Variety
2/4/2019 Magnificent Mini Donuts *****  Hot-Dog on a Bun with Fixens' <u>Vegetables and Fruit</u> Crunchy Baby Carrots Tossed Salad: Garden # Oven Baked Beans Assorted Fruit Variety	2/5/2019 Pancake and Sausage Stick ***** Crispy Chicken Nuggets with Dinner Roll <u>Vegetables and Fruit</u> Crunchy Baby Carrots Tossed Salad: Garden # Whipped Potatoes w/Gravy Assorted Fruit Variety Assorted Fruit Variety	2/6/2019 WG Glazed Donut Day *****  Italian Dunkers with "Homemade Sauce" <u>Vegetables and Fruit</u> Crunchy Baby Carrots Tossed Salad: Garden # Seasoned Carrot Coins Assorted Fruit Variety	2/7/2019 Warm Mini Waffles ***** Tyson Chicken Fryz with Apple Churro <u>Vegetables and Fruit</u> Crunchy Baby Carrots Tossed Salad: Garden # Oven Baked French Fries Assorted Fruit Variety	2/8/2019 Banana Breakfast Bread *****  Big Daddy Cheese Pizza Wedge <u>Vegetables and Fruit</u> Crunchy Baby Carrots Tossed Salad: Garden # Seasoned Green Beans Assorted Fruit Variety

**FREE Breakfast and Lunch for all Elementary Students**

**Breakfast includes:**  
 Entrée, Fruit, Fruit Juice and White, Vanilla or Chocolate Milk



**Lunch includes:**  
 Entrée, (1-2) Fruit Choices, (1-2) Vegetables Choices

8 oz. FF Flavored & White & 1% White Milk  
 Milk A la Carte ....\$ .60

**Daily Alternates**

- #2 Cheeseburger/Hamburger/Bun
- #3 Chicken Patty/Bun
- #4 PB&J Basket
- #5 YO to GO Basket

Additional Choices of Fresh Fruits and Vegetables offered at lunch may include:

Apples, Apple Slices, Oranges, Grapes, Bananas, Seasonal Fruits, Veggie Dippers, Baby Carrots, Cucumber Slices and Celery Sticks

Canned/Frozen Fruits include:

Applesauce, Blueberries, Mandarin Oranges, Mixed Fruit, Peaches, Pears, Pineapple Tidbits & Strawberries  
 Apple and Orange Juice

Don't Forget -

To qualify as a Full Meal, student must select one **Fruit** or one **Vegetable** with each meal.



February is Heart Awareness Month. Help your children learn the importance of heart health to lead a long, healthy life! Visit [www.actionforhealthykids.org](http://www.actionforhealthykids.org) for teaching/activity ideas!

Food Service Department  
 724-842-0501 x129

The USDA & State of PA are equal opportunity employers.

Adult Breakfast \$1.90  
 Adult Lunch \$3.65









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February 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<b>FREE Breakfast and Lunch for all Elementary Students</b>  <i>Breakfast includes:</i> Entrée, Fruit, Fruit Juice and White, Vanilla or Chocolate Milk  <i>Lunch includes:</i> Entrée, (1-2) Fruit Choices, (1-2) Vegetables Choices  8 oz. FF Flavored & White & 1% White Milk Milk A la Carte ....\$ .60  <b>Daily Alternates</b> #2 Cheeseburger/Hamburger/Bun #3 Chicken Patty/Bun #4 PB&J Basket #5 YO to GO Basket  <u>Additional Choices of Fresh Fruits and Vegetables offered at lunch may include:</u>  Apples, Apple Slices, Oranges, Grapes, Bananas, Seasonal Fruits, Veggie Dippers, <b>Baby Carrots</b> , <b>Cucumber Slices</b> and <b>Celery Sticks</b>  <i>Canned/Frozen Fruits include:</i> Applesauce, Blueberries, Mandarin Oranges, Mixed Fruit, Peaches, Pears, Pineapple Tidbits & Strawberries Apple and Orange Juice
2/11/2019 Cinnamon Bun ***** <b>Creamy Macaroni and Cheese with Soft Pretzel Rod</b> <u>Vegetables and Fruit</u> Crunchy Baby Carrots Tossed Salad: Garden <b># Seasoned Broccoli</b> Assorted Fruit Variety	2/12/2019 Egg and Cheese Sandwich ***** <b>ULTIMATE NACHOS: Enriched Tostito Chips, Meat &amp; Cheese</b> <u>Vegetables and Fruit</u> Crunchy Baby Carrots Tossed Salad: Garden  <b># Seasoned Carrot Coins</b> Assorted Fruit Variety	2/13/2019 WG Glazed Donut Day ***** <b>Tender Popcorn Chicken with Dinner Roll</b> <u>Vegetables and Fruit</u> Crunchy Baby Carrots Tossed Salad: Garden <b># Whipped Potatoes w/Gravy</b> Assorted Fruit Variety 	2/14/2019 Yoplait Yogurt and Goldfish ***** <b>Penne Pasta with Meatsauce and Garlic Bread Stick</b> <u>Vegetables and Fruit</u> Crunchy Baby Carrots Tossed Salad: Garden <b># Seasoned Mixed Vegetables</b> Assorted Fruit Variety <b>Valentine's Day Jell-O</b>	2/15/2019 Strawberry Turnover ***** <b>Cheesy Personal Pan Pizza</b>  <u>Vegetables and Fruit</u> Crunchy Baby Carrots Tossed Salad: Garden <b># Seasoned Peas &amp; Carrots</b> Assorted Fruit Variety	
2/18/2019 ***** <b>Act 80 Day No School for Students</b> 	2/19/2019 Pancake and Sausage Stick ***** <b>Oriental Chicken with Fried Rice</b> <u>Vegetables and Fruit</u> Crunchy Baby Carrots Tossed Salad: Southwest <b># Seasoned Broccoli</b> Assorted Fruit Variety	2/20/2019 WG Glazed Donut Day ***** <b>Sloppy Scoops: Enriched Tostito Scoops W/Meat and Cheese</b> <u>Vegetables and Fruit</u> Crunchy Baby Carrots Tossed Salad: Southwest <b># Seasoned Corn</b> Assorted Fruit Variety 	2/21/2019 Warm Mini Waffles ***** <b>Warm Ham and Cheese Sandwich on a Pretzel Bun</b> <u>Vegetables and Fruit</u> Crunchy Baby Carrots Tossed Salad: Southwest <b># Crispy Baked Seasoned Fries</b> Assorted Fruit Variety	2/22/2019 Banana Breakfast Bread ***** <b>Mini Cheese Pizza Rounds</b>  <u>Vegetables and Fruit</u> Crunchy Baby Carrots Tossed Salad: Southwest <b># Seasoned Carrot Coins</b> Assorted Fruit Variety Vanilla Sugar Cookie	
2/25/2019 Cinnamon Bun ***** <b>Mini Corn Dog Nuggets with Cheese Sauce</b> <u>Vegetables and Fruit</u> Crunchy Baby Carrots Tossed Salad: Garden <b># Oven Baked Beans</b> <b># Hash Brown Patty</b> Assorted Fruit Variety	2/26/2019 Egg and Cheese Sandwich ***** <b>Penne Pasta with Meatsauce and Garlic Bread Stick</b> <u>Vegetables and Fruit</u> Crunchy Baby Carrots Tossed Salad: Garden <b># Seasoned Green Beans</b> Assorted Fruit Variety	2/27/2019 WG Glazed Donut Day ***** <b>Crispy Chicken Fries</b> <b>Belly Bears Crackers</b> <u>Vegetables and Fruit</u> Crunchy Baby Carrots Tossed Salad: Garden <b># Oven Baked Potato Smiles</b> Assorted Fruit Variety	2/28/2019 Yoplait Yogurt and Goldfish ***** <b>Oven Roast Turkey w/Gravy and Dinner Roll</b> <u>Vegetables and Fruit</u> Crunchy Baby Carrots Tossed Salad: Garden <b># Whipped Potatoes w/Gravy</b> Assorted Fruit Variety	3/1/2019 Strawberry Turnover ***** <b>Big Daddy Cheese Pizza Wedge</b> <u>Vegetables and Fruit</u> Crunchy Baby Carrots Tossed Salad: Garden <b># Seasoned Baby Peas</b> Assorted Fruit Variety Vanilla Sugar Cookie	
<b>Adult Breakfast \$1.90</b> <b>Adult Lunch \$3.65</b>					